

Events Volunteer

Are you full of
enthusiasm?

Do you like meeting
new people?

Want to help change
carers lives?



The role at a glance...

Q **What is an Events Volunteer?**

Challenge and promotional events are incredible opportunities for us to raise funds and awareness for Carers UK, and our Events Volunteers are crucial in ensuring these run smoothly. There are so many great ways to get involved: you could be cheering on our marathon runners, meeting and greeting at receptions, helping out on information stands or even coming up with event ideas of your own.

Q **What will you get out of it?**

You'll get to experience some of our biggest events, have fun and get to know new people in your community. You'll play a vital part in making sure all events are a success and that all participants and guests enjoy the day. You'll also have the satisfaction of making a real difference to carers' lives.

Q **What's involved?**

You don't need any previous experience and your volunteering could include any of the following:

- Helping set up a cheer point at a race or sporting event; cheering on and congratulating participants, helping out at refreshment stands or post-event parties and generally supporting on the day
- Running Carers UK information stands at promotional events, conferences or local volunteer fairs. Plus helping with set-up, registration and offering a warm welcome to those attending.
- You could even organise your own event or set up an information stand at an event in your area. If you have any ideas for an event where you live, then please do get in touch.

The skills you'll need...



- A friendly personality
- Great communication skills
- Reliability
- The confidence to use your initiative
- A passion for improving support for carers
- Flexibility and a willingness to 'muck in'



Q How we will support you

As well as the Carers UK Volunteering Handbook, two weeks before your event we will email you about what to expect on the day. There will also be a face-to-face briefing when you arrive with all the information and support you'll need to help make the day a success. Where appropriate, you will also receive a Carers UK 'Events Team Kit'.

Q How to apply

You can sign up for this role at carersuk.org/volunteer

We will be in touch within seven working days to discuss your application. Please note some events may have limited spaces.

All volunteers must be over 18 years old.

Carers UK offers equal opportunities to everyone who wants to volunteer.

If you have any further questions, please email volunteering@carersuk.org or call 020 7378 4989.

Your time...



We will let you know in advance the time commitment required. You can take part in as many or as few events as you like. Events tend to take place during the day at weekends.

Where you'll be volunteering...



You'll join our pool of Events Volunteers and we'll let you know dates and locations nearer the time. Events take place across the UK.

“ I love the buzz of an event – I'm meeting people and helping carers at the same time. ”

Cat, Events Volunteer (far right)



Be one of the **500**

Volunteers have always been at the heart of Carers UK. 2015 is our 50th Anniversary, and we're launching our national flagship volunteering programme with a call to 'Be one of the 500'.

Sign up at carersuk.org/volunteer



About Carers UK

Our mission is to make life better for carers.



We give expert advice, information and support.

We connect carers so no-one has to care alone.



We campaign together for lasting change.

We innovate to find new ways to reach and support carers.

